

Mental Health and Substance Use Youth Project

GOAL

- > To increase youths participation in a local mental health and/or substance use project
- > To encourage youths to plan, implement, and facilitate a project related to mental health and substance use

WHO

Youths (12-24 years) in Kamloops, BC

PROJECT EXAMPLES

- > Examples of mental health/substance use issues are self-esteem, body image, suicide, anxiety, depression, substance misuse, peer pressure, social isolation, experiencing bullying
- > Your project can: raise awareness, reduce stigma, support youth, educate people
- > Your project can include ideas about housing, education, employment and health services

PROJECT TIMELINE

February 2017 to May 2017

DEADLINE FOR SUBMISSION is Friday, April 7, 2017

HOW TO APPLY

Submit a description outlining the following:

- > Introduce yourself and reason why you are interested in participating
- > Define the problem and proposed solution
- > Describe the project goals, objectives and timelines
- > Highlight the potential impact

PRIZES

and honorariums to be given to successful applicants

SUBMISSION

- > Written
- > Video
- > Drawing
- > Song
- > Be creative!

WHERE TO APPLY

Please submit proposals to:

Phoenix Centre

sian.lewis@phoenixcentre.org